

Professional Profile

Beth Cumming

With over 30 years of personal experience of supervision including 25 plus years of training supervisors my aim as a coach supervisor is to create a safe and confidential space where we can each be ourselves. An environment where you feel able to be open and reflect on your coaching practice without embarrassment or fear of judgment and we can jointly find ways to strengthen and resource both you and your coaching work with others.

Working Methods

Whether we work together in a one to one or group setting we can explore your client work, your development as a coach, current challenges and plans for the future. Supervision is a reflective, dynamic and enabling process that will help you to clarify your thinking, generate new ideas and perspectives and to identify strategies to take things forward.

I believe the quality of our relationship dictates the quality of our work together. Therefore, I will endeavour to be engaged, grounded, warm, generous, and kind in all our interactions. This doesn't mean I won't challenge or question you, I will, and I do, but it will always be from a place of respect for you and your own coaching approach. I will draw on a whole body of theory and frameworks to support our work together and can share these with you if that is appropriate to your needs.

Experience and Qualifications

- Certificate in Training and Development. Stevenson College (1995)
- Certificate in Stress Management. The Stress Consultancy (1999)
- Certificate in Transactional Analysis Counselling Theory and Skills, CPTI (2004-6)
- Certificate in Coaching Practice with Acorn Principle Plus (2007)
- ILM Level 5 Diploma in Management Coaching and Mentoring (2008)
- Facilitation Skills, Kinharvie Institute (2010)
- Action Learning Set Facilitator ILM endorsed Award with Acorn Principle Plus (2015)
- Certificate in Principle Led Coach Supervision, Institute of Leadership and Management accredited and approved course (2021)



Professional Roles

Executive Coach, Life Coach, Coach Supervisor, Coach Mentor, Coach Supervisor Trainer.

Memberships

Full member of the Association for Coaching and work with the 2019 Global Code of Ethics.

Next Step

For further information, clarification, or a free, no obligation 30-minute chat then please contact me.

It is important to make sure that we are both suited to each other, and that my supervision meets your needs.

Contact Information:

Email: bethacumming@icloud.com
Mobile: **0044 7951622162**