

Professional Profile

Sam Anderson

The foundation of my coach supervision offer is a collegial space with protected time to bring challenges, curiosities, celebrations, and future hopes, which you feel, will benefit from exploration with a skilled other to keep you as resourced as possible because the most unique resource we bring as a coach to our practice is ourselves. Coach supervision also offers the opportunity to develop and grow your coaching practice. My role within this is to create the conditions for you to show up authentically. I offer a safe yet stretching space for us to learn together about the coachee, about one another and about ourselves. The supervision space offers connection in what is often a solo endeavour while ensuring our practice remains in service to those we coach.

Working Methods

Combined with my experience as a coach is my 20 years' experience of offering supervision in wellbeing and trauma informed services. I have a deep-seated commitment to relational development work in releasing the full potential of each of us and this is at the core of my offer to you as a coach supervisor. I describe my approach as integrative in that it is based on the individual or group I am working with and draws on my wide range of training and experience, which I am open to sharing with you as you wish in developing as well as sustaining yourself and your coaching practice.

Experience and Qualifications

- Level 7 Executive Coaching & Mentoring-Institute for Leadership & Management
- Certificate of Coaching Practice with Acorn Principle Plus
- Certificate in Principle Led Coach Supervision, Institute of Leadership and Management accredited and approved course (2021).
- Embodying Dialogue Practices-Originator
- Leadership Embodiment Level 1, Level 2 plus Refresh & refine retreats
- Who Do You Choose To Be? Facing Reality/Claiming Leadership/Restoring Sanity- Margaret Wheatley, Berkana Institute
- Compassionate Practitioner-Mindfulness Association
- Certified Laughter Yoga Leader-Laughter Yoga University



Professional Roles

Executive Coach, Life Coach, Coach Supervisor, Coach Mentor, Action Learning and Whole Person Facilitator

Memberships

Full member of the Association for Coaching and work with the 2019 Global Code of Ethics

Next Step

For further information, clarification, or a free, no obligation 30-minute chat then please contact me.

It is important to make sure that we are both suited to each other, and that my supervision meets your needs.

Contact Information:

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